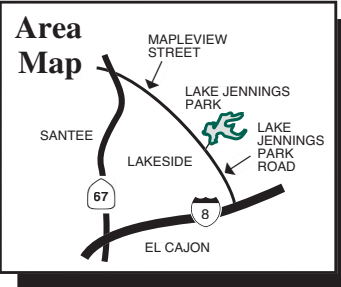
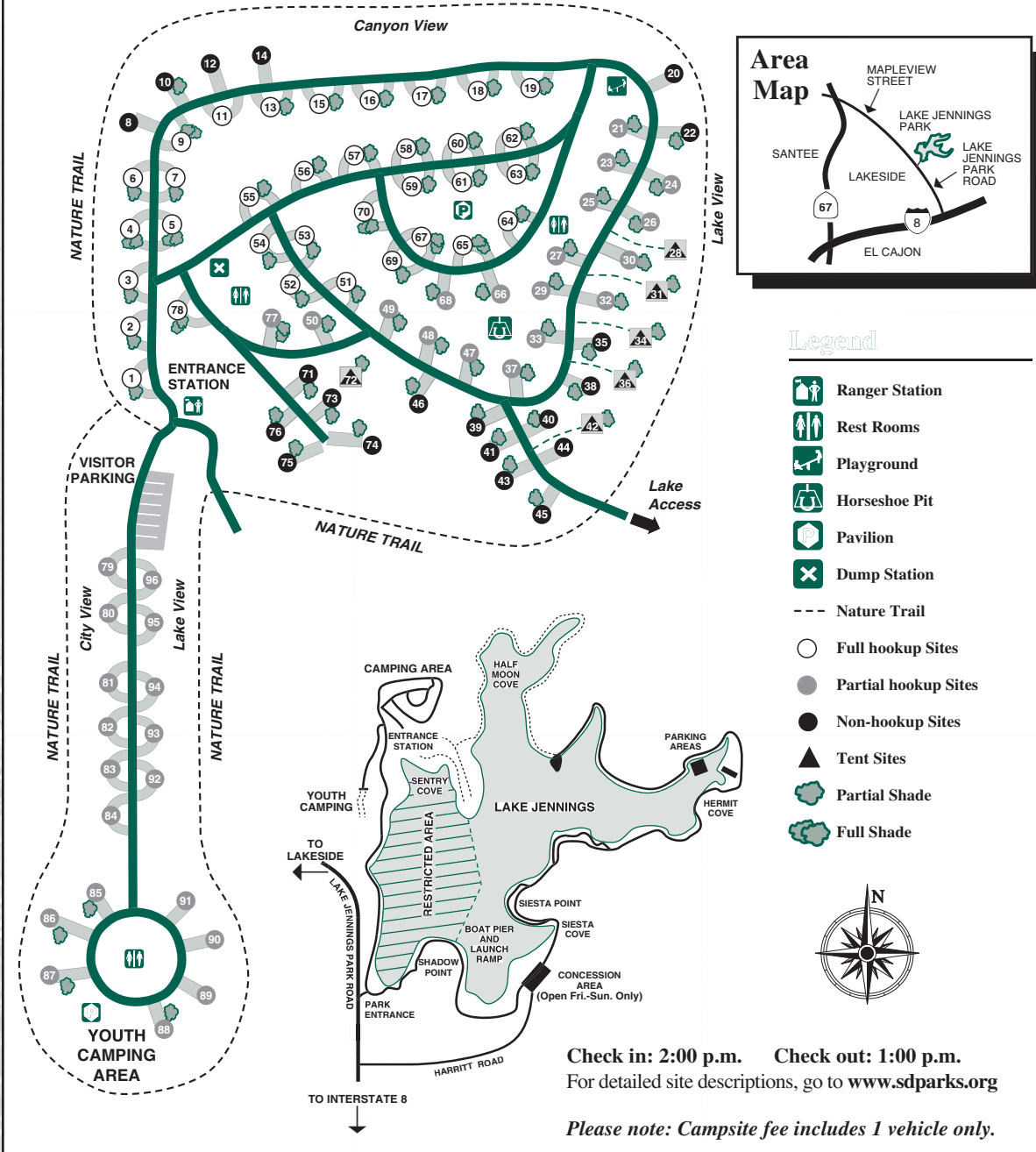


# Lake Jennings Regional Park



## Legend

- Ranger Station
- Rest Rooms
- Playground
- Horseshoe Pit
- Pavilion
- Dump Station
- Nature Trail
- Full hookup Sites
- Partial hookup Sites
- Non-hookup Sites
- Tent Sites
- Partial Shade
- Full Shade



Check in: 2:00 p.m. Check out: 1:00 p.m.  
For detailed site descriptions, go to [www.sdparcs.org](http://www.sdparcs.org)  
Please note: Campsite fee includes 1 vehicle only.

## RULES & REGULATIONS

- CAMPFIRES:** Must be confined to existing stoves or fire rings. See ranger for current campfire rules.
- PETS:** Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash not longer than six feet, and attended at all times.
- WASTE WATER:** Please dispose of all waste water in an approved dump station, never on the ground.
- VEGETATION & NATURAL FEATURES:** All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood — he or she generally has a supply to sell for campfires. Please do not gather it from within the park.
- TREES:** Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.
- GENERATORS:** Use of generators is prohibited.
- NOISE:** To insure each park guest's pleasure and peace, quiet hours are from 10:00 p.m. to 8:00 a.m. Of course, excessive noise and loud music is discouraged at all times.
- FIREARMS & WEAPONS:** Firearms, fireworks, and weapons are not permitted in County Parks.
- YOUTH:** All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.
- ALCOHOLIC BEVERAGES:** Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.

**NOTE:** Residence in the park is contingent upon guests maintaining their immediate camping area in a safe and clean condition and complying with all park rules. Failure to comply will result in a suspension of camping privileges and loss of prepaid fees.

## RESERVATIONS & INFORMATION

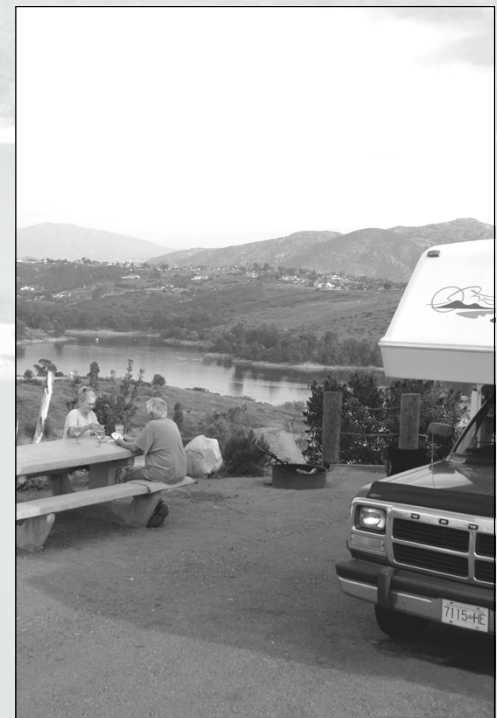


Toll Free • (877) 565-3600  
Local • (858) 565-3600

For online reservation information, visit us at [www.sdparcs.org](http://www.sdparcs.org)

# LAKE JENNINGS REGIONAL PARK

A San Diego County  
Camping Park



Visit us online at [www.sdparcs.org](http://www.sdparcs.org)



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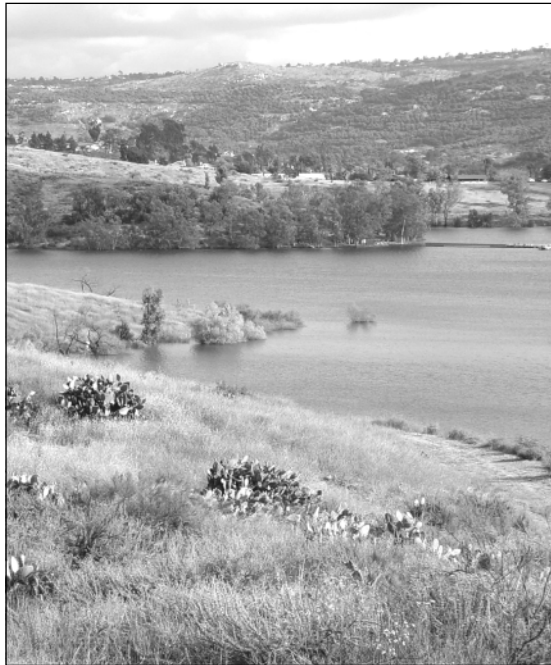
# Welcome to Lake Jennings County Park

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Though it is only five miles east of El Cajon, Lake Jennings Regional Park offers its visitors a relaxing sense of being in the country. Hikers can wander along miles of trails across chaparral-covered hills. From a campsite high on a ridge, campers will enjoy a sunrise over the lake far below. Those with a passion for angling might hook into a trophy-size catfish. Everyone will enjoy the spectacular views of the El Capitan Open Space Preserve, the rugged El Capitan Valley, and the San Diego River Valley. Truly, Lake Jennings is a convenient year round recreational retreat.

## A Park Is Born

The centerpiece of the park is Lake Jennings itself. The park was created in 1964



by the construction of a dam across the mouth of Quail Canyon. That rock-filled dam, 200 feet high and an impressive 975 feet thick at its base, holds 3 billion gallons of water for use by residents of nearby communities.

The campground was built two years later by the Helix Irrigation District using state grant funds. Though the lake itself is under the jurisdiction of the water district, an agreement between the district and the County allows the Parks and Recreation Department to lease the campground. Together, the two agencies provide the public with both drinking water and recreational opportunities.

## Fish and fowl

Many of Lake Jennings' visitors come to the park for one reason: its fish. Indeed, the

lake harbors a tantalizing variety: largemouth bass, blue and channel catfish, rainbow trout, and bluegill. Trout are stocked during winter months and catfish during summer, which makes fishing a four-season activity. Anglers can enjoy fishing from county park's 2500 feet of shoreline seven days a week, and may venture out into the lake by boat on Friday, Saturday, and Sunday. A California fishing license and daily permit are required.

Lake Jennings is home to more than finny creatures, of course. Desert cottontails are the most common animals in the park, and they are joined in the brush by blacktailed jackrabbits, California ground squirrels, and western harvest mice. Coyotes are frequently heard at night, though they are seldom seen by day. Bobcat, possum, skunk, raccoon and

mule deer are other animal visitors. Bird life is quite varied. The lake supports flocks of waterfowl during the winter, and the chaparral is home to one of the county's rarer residents, the cactus wren. Other birds you might see include wrentits, red-tailed hawks, and several species of sparrows in winter.

## Facilities

Lake Jennings County Park is especially suited for recreational vehicle campers. A sizable number of the nearly 100 sites are pull-through full hookups, with many more being partial hookups. Groups may reserve the enclosed pavilion. There are also a number of walk-back tent sites, along with a more primitive youth camping area. Hot showers and a holding tank disposal station will make your stay more convenient. A playground, horseshoe pits, and many hiking trails add to the recreational options in the 100-acre park. And only minutes away, three other county parks offer more vistas into this part of San Diego County.

